

## FOR CHILDREN & YOUTH

### Kids Helpline

Tel: 1800 551 800

[www.kidshelp.com.au](http://www.kidshelp.com.au)

### The Second Story

(youth 12 - 25 years)

Adelaide - 8232 0233

Elizabeth - 8255 3477

Christies Beach - 8326 6053

For appointments - 1300 131 719

### Star Bear

Grief support program for children and young adolescents

Tel: 8301 4208



## RESOURCES

Relationships Australia

49a Orsmond St, Hindmarsh.

Tel: 8245 8100

Books, resources and courses

Tel: 8245 8100

## WEBSITES

### Grieflink

[www.grieflink.asn.au](http://www.grieflink.asn.au)

### Reachout (for adolescents)

[www.reachout.asn.au](http://www.reachout.asn.au)

**Cancer Care** offers a special section on end of life and bereavement and online bereavement groups

[www.cancercare.org](http://www.cancercare.org)

### Grief Net

[www.griefnet.org](http://www.griefnet.org)

**Growth House** offers extensive grief and bereavement section. Includes chatroom, pregnancy loss, infant death and general information including helping children.

[www.growthhouse.org/death.html](http://www.growthhouse.org/death.html)

**HospiceNet** offers information regarding grief and bereavement including issues for children and adolescents.

[www.hospicenet.org/html/bereavement.html](http://www.hospicenet.org/html/bereavement.html)

**KidsAid** offers an online support group for children dealing with any kind of loss. Includes artwork, stories and poems.

[www.kidsaid.com](http://www.kidsaid.com)

**Widownet** information and support for men and women of all ages, cultures and sexual orientation who have suffered the death of a life partner.

[www.widownet.org](http://www.widownet.org)

# Grief Support Information

## Taylor & Forgie Funeral Directors



*We Help People  
Through Difficult Times*

15 Cowan Street, Gawler

&

98 Adelaide Road, Gawler South

8522 1734

[www.taylorandforgie.com.au](http://www.taylorandforgie.com.au)

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## PERSONAL COUNSELLING SERVICES

### Anglicare Loss and Grief Centre

4 - 8 Angas Street, Kent Town  
Tel: 8131 3400

### GP Plus

16 Playford Boulevard, Elizabeth  
Tel: 7485 4000

### Midway House

48 Midway Road, Elizabeth East  
Tel: 8255 4352

*Appointment required - Gold coin donation*

### Local Community

Health Centres - many of these provide  
free counselling services

### Relationships Australia

Elizabeth - Tel: 8255 3323  
Salisbury - Tel: 82506600  
*Fees apply*

### SSG

A division of Salt Church  
27 Northside Crt, Evanston Gardens.  
Tel: 8522 0077  
*Subsidised fees apply*

### State Coroner's Office, Adelaide

Counselling and Social Work service  
Tel: 8204 0618

### Victims Support Services

For victim's of crime ~ Tel: 8231 5626

### Compassionate Friends

P O Box 93, Parkholme ~ Tel: 8351 0344  
Bereaved parents suffering the death  
of a child at any age

## PERSONAL COUNSELLING SERVICES

### C.A.M.H.S.

Children & adolescent counselling,  
Northern Area ~ Tel: 8252 0133

### Catholic Family Services & Respite Centre SA

Family Services ~ Tel: 8210 8200

### Carers SA Advisory Line

Tel: 1800 242 636

### Cancer Care Centre

76 Edmund Avenue, Unley  
Tel: 8272 2411



## COUNSELLORS

### Melitta Krieg

Tel: 7129 6150 or 0422 901 349

### Marita Hawking

Tel: 8272 4614 or 0416 099 054  
*All areas - fees apply*

### Acceptance Therapy Minette Emery

*(Clinical Psychologist)*  
150 Payneham Road, Evandale  
Tel: 8363 1963



## DEPRESSION

**Beyond Blue** ~ Tel: 1300 224 636

## SUPPORT GROUPS

### Stillbirth and Neonatal Death Support Group (SANDS)

Tel: 1300 072 637 (24 hours)

### Solace for Widows/Widowers

Meet in Adel, 30 Dequetteville Tce, Kent Town  
24 hour contact ~ Tel: 8272 4334

### Bereaved Through Suicide Support Group

P O Box 151, Kent Town ~ Tel: 8332 8240  
*(a 24 hour recorded message)*

### Anglicare Suicide

Tel: 1300 761 193

### MOSH House

George Street, Thebarton ~ Tel: 8443 8369

### Carol Longmire

*(Social Worker)* ~ Tel: 0438 618 078



## PHONE COUNSELLING

### Lifeline

Tel: 13 11 14

### Pregnancy Counselling Link

Tel: 1800 777 690

### Parent Help Line

Counselling line for advice about children  
Tel: 1300 364 100

### Dads In Distress

Tel: 1300 853 437